

Dear Parent/Guardian,

Your child will be attending school swimming lessons in the autumn term.

They will be attending on Mondays for 10 weeks.

We would appreciate it you could complete the enclosed 'Swimming – Parental Information Form' and return it to school by **September 16th September**.

Please rest assured that all aspects of the school swimming programme have been risk assessed to ensure that the appropriate measures have been put in place to comply with COVID 19 requirements.

SCHOOL

- Pupils will need to be “beach ready”. This means that they will have to have their swimming costume / trunks on underneath their clothing before they leave school. Girls will be allowed to wear a tankini. Pupils will need to bring underwear with them to change into after the lesson
- Pupils will need to have a bag large enough to put all of their possessions in (ideally waterproof i.e. plastic bag and separate inner bag for shoes) these will generally be stored on poolside during the lesson.

TRANSPORT

- Transport operators will have an enhanced cleaning programme in place with buses wiped down and sanitised more regularly.
- All staff and pupils will sanitise their hands prior to getting on the bus.
- Front row of seats behind the driver to be kept free.
- All to be forward facing and children should be encouraged to avoid touching anything other than their own possessions when on the bus except the seat belt.
- Any coughs and sneezes to be into their elbow.
- Pupils and staff will sanitise their hands again once they have left the bus prior to entering the facility.

FACILITY

- Pupils will enter the facility at an allocated entry (may be different from the main entrance) and will follow a one way system.
- When entering and moving around the building masks will be required by **Adults**.
- Pupils will have an allocated sanitised space within the facility to remove all outer wear and put into their own personal bags. This may be directly on the poolside / spectator areas/ café areas. These areas will be close to the pool area. They will not be using the changing rooms on entry.
- Pupils' bags will all be kept together for easy collection after the lesson.
- Pupils should avoid face to face contact with each other and keep as much distance as possible, the same as in school.

LESSON

- The time of the lesson will be reduced by 5 minutes to ensure smooth transitions from 1 school to the next and to ensure no contact.
- Showers will not be used before or after the lessons (medical exceptions may be allowed).
- Pupils will be spaced appropriately within the lesson.
- Only Sanitised equipment will be used.
- Pupils will need to put their armbands on independently and adjust hats/ goggles themselves. Only school staff from within their bubble may assist.
- Pool / DCC Teaching staff will ensure that they keep 2 metres away from pupils at all times.

AFTER THE LESSON – CHANGING

- Pupils will leave the pool by the designated exit and collect their bags. They will enter the changing rooms into an allocated area where they can dry and change into their school clothing. The changing area used will be cleaned in-between each school.
- School staff will still fully supervise the pupils whilst in the allocated changing area
- Pupils and staff will need to sanitize their hands again prior to getting on the bus.

Please be aware that the following rules still apply:

Swimwear :Girls may wear a tankini to assist in the “beach ready” approach and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however these must not be below the knee. Large baggy shorts will impede the pupil’s movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should only be allowed, when chemicals in the water may affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the Information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very **strongly** recommended that children wear swimming hats, to ensure that pupils are easily identified.

Jewellery/watches must be removed prior to the swimming lesson (plasters covering newly pierced parts of the body will not be allowed due to plasters in the water becoming a choking hazard). Safety medic-alert bracelets or necklaces should be removed and given to the Adult in Charge for safe keeping during the swimming lesson and returned to the pupil immediately the pupil exits from the water. If the bracelet is unable to be removed it may be taped over securely with waterproof tape / sweat band.

SWIMMING – PARENTAL INFORMATION FORM

NameSchool **Dinting Church of England (VA) Primary**

Date of BirthClass

Address

.....

.....

.....Tel.No.

As part of your child’s education he/she will be undertaking swimming lessons this year. It is important that the swimming teacher/instructor has the following information concerning your child:

	Yes	No
<p>Does your child suffer from any medical condition which may affect their safety whilst swimming, e.g.</p> <ul style="list-style-type: none"> ▪ Asthma (please bring inhaler to every swimming session), ▪ Epilepsy ▪ Sensory impairment e.g. deaf ▪ Grommets (wearing a swimming cap & ear plugs is recommended) ▪ Diabetes, etc <p>If ‘Yes’ please give details:</p>		
<p>Does your child take medication on a regular basis?</p> <p>If ‘Yes’ please give details:</p>		

Swimming Ability:

Non-swimmer	5m	10m	25m	50m+	Any other awards (please specify):

Chemicals in the water in swimming pools affect my child's eyes. I give my Permission for my child to wear goggles during swimming lessons and that they know how to use them safely and accept responsibility should my child be injured as a result of wearing goggles.

I am aware that my child will not be allowed to wear goggles for specific water or diving activities for safety reasons.

I am aware that all jewellery is to be removed prior to swimming activities.

Signature of Parent/Guardian

Date

Please note - your child can only be excluded from school swimming on medical grounds as this is a part of the PE National Curriculum.

Please return this form to school by Thursday 16th September