



SCHOOL SWIMMING – PUPIL INFORMATION FORM 26/27

Name of Pupil:	
----------------	--

As part of their PE curriculum, your child will be attending swimming lessons this year. It is important that the swimming instructors are aware of the following details below.

	Yes	No
Does your child suffer from any medical condition which may affect their safety whilst swimming, e.g. - Asthma (please bring inhaler to every swimming session), - Epilepsy - Sensory impairment e.g., deaf - Visual impairment or colour blindness - Grommets (wearing a swimming cap & ear plugs is recommended) - Diabetes, - Other If 'Yes', please give details:		
Does your child take medication on a regular basis? Is this required during your child's swimming lesson? If 'Yes', please give details:		
Please share if your child has SEND (Special Education Needs and Disabilities). For example, Autism, ADHD, cerebral palsy, cystic fibrosis. Please give details (if applicable):		

Please circle yes or no for the below statements.

I give my permission for my child to wear goggles during swimming lessons and will ensure that they know how to use them safely.	Y/N
I am aware that my child will not be allowed to wear goggles for water safety tasks to reflect real-life scenarios. (Prescription goggles for children with visual impairments are exempt).	Y/N
I am aware that all jewellery is to be removed prior to swimming activities. If a pupil does have earrings in that cannot be removed, they must wear a swimming cap or neoprene swimming headband which can be pulled over their ears.	Y/N



Swimming Ability: Please ✓ the criteria that matches best your child's ability in a swimming pool. These are some examples please pick the best fit (Not all in the criteria box may apply specifically to your child).

Non-swimmer: • May not want to enter the water. • May not have been swimming before either with an adult or as part of a structured lesson. • May have little experience in a swimming pool. • May be nervous in a pool (un-easy about touching the floor. Unable/uncomfortable in moving with 2 feet on the floor.)	
Beginner: • Some experience of being in a swimming pool. • Some confidence or confident moving with 2 feet on the floor. • May be able to kick legs with an aid (noodle, floats or armbands). For a distance of around 2m-5m. • Some confidence/confident resting chin, blowing bubbles and/or putting face in the water. • May be able to float with aids (e.g a noodle or armbands) on front or back.	
Intermediate (Improver): • May be able to swim a short distance using arms and legs on front and back unassisted (for example, for 10m-15m). • May be able to swim with face in on the front – able to breathe without putting feet down for 10-15m. • May be able to jump into shoulder height water and swim back to a pool wall. • May be able to float confidently in the water unassisted.	
Advanced: • May be able to swim for a longer distance (for example, 25m +) using multiple strokes (e.g.: front crawl, backstroke, and breaststroke). • May be able to tread water for 20 seconds + in deep water. • May be confident in deep water and able to jump into deep water swim a distance and return to the wall safely. • May understand more complex strokes (breaststroke and butterfly) and is able to use these strokes for 15m+. • May have attended/be currently attending a swimming club and is used to swimming continuous lengths of a pool with a deep end.	

I give consent for my child to participate in school swimming lessons.

Signature of Parent/Guardian

Date



Dinting Vale,
Glossop SK13 6NX

Wednesday 2nd September 2026

Dear Parent/Guardian

Your child will be attending school swimming lessons at Glossop Swimming Pool this year.

They will be attending on Mondays leaving school at 10:30am and returning for 12pm. They will usually be travelling to and from the baths by coach accompanied by myself and Mrs Shaw. The dates they will be attending are shown below.

Swimming Dates 2026/2027

Term 1	14 th September – 12 th October
Term 2	2 nd November – 30 th November
Term 3	11 th January – 8 th February
Term 4	22 nd February – 22 nd March
Term 5	12 nd April – 17 th May
Term 6	14 th June – 5 th July

Please be aware of the following rules:

Swimwear must be suitable for the purpose and preferably of a dark colour to enable the swimmer to be seen clearly underwater. Girls must wear a one-piece swimming costume and boys must wear swimming trunks. The School Swimming Instructor may allow boys to wear appropriate shorts; however, these **must not be below the knee**. Large baggy shorts will impede the pupil's movements in the water, as well as restrict the view of the teachers in seeing the movements that limbs and joints are making in the water.

Goggles should only be allowed, when chemicals in the water may affect eyes. Goggles should be made of unbreakable plastic or rubber materials and children taught to use them correctly and safely prior to their attendance at the pool. Pupils who wish to wear goggles must have a permission slip signed by their parent/guardian/carer (included on the Information Form).

Hair must be tied back if long or of a length which might impair vision. It is highly recommended that children wear swimming hats. For facilities that share the pool with members of the public, it is very **strongly** recommended that children wear swimming hats, to ensure that pupils are easily identified.



Jewellery/watches/trackers must be removed prior to the swimming lesson (plasters covering pierced ears will not be allowed due to plasters in the water becoming a choking hazard).. **If a pupil is wearing earrings which cannot be taken out, they must then wear a swimming cap pulled over their ears to cover the earrings.**

Safety medic-alert bracelets or necklaces should be removed and given to the a member of school staff for safe keeping during the swimming lesson. If the bracelet is unable to be removed, it may be taped over securely with waterproof tape.

Inhalers must be in school for any child with asthma. **If their inhaler is not in school a pupil will not be able to attend swimming.**

We would appreciate it you could complete the enclosed 'Swimming – Parental Information Form' and return it to school by Wednesday 10th September.

Yours sincerely,

Mr Wilson