

Vocabulary Pyramid Athletics



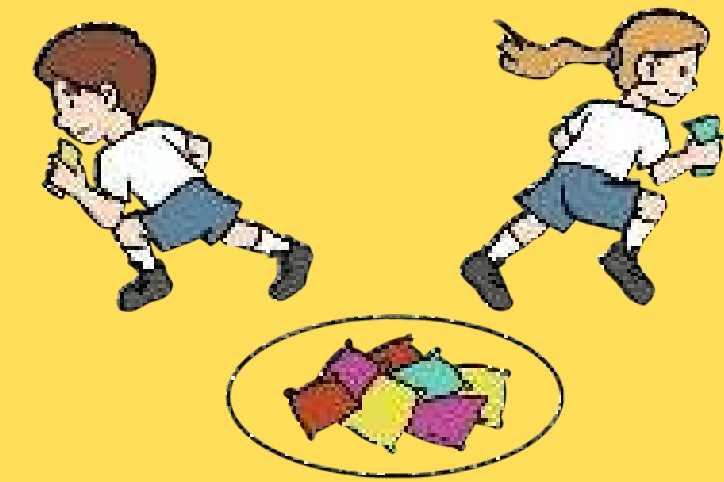
Get Set 4 P.E.

EYFS

Ball Skills

Games

Fundamentals



Year 1

push
stop
jump
space
forwards safely
balance backwards
far hop aim
fast slow bend
improve direction travel



Year 2

sprint jog distance height
take off landing overarm underarm



Year 3

speed power strength accurately
higher pace control faster further

Year 4

power stamina officiate perseverance
determination accuracy personal best



Year 5

technique upsweep rhythm
downsweep flight stride

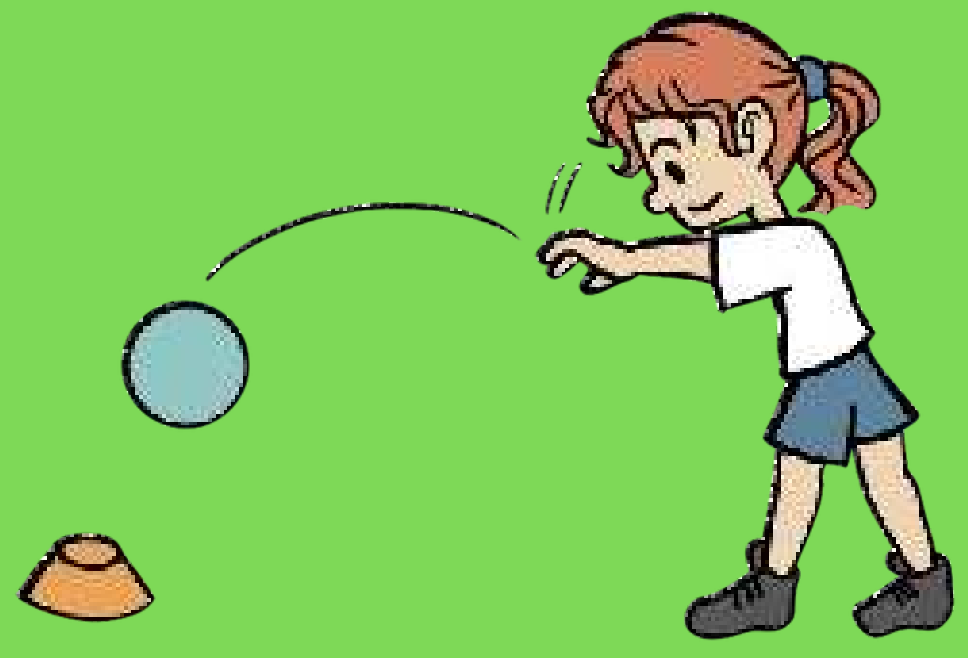
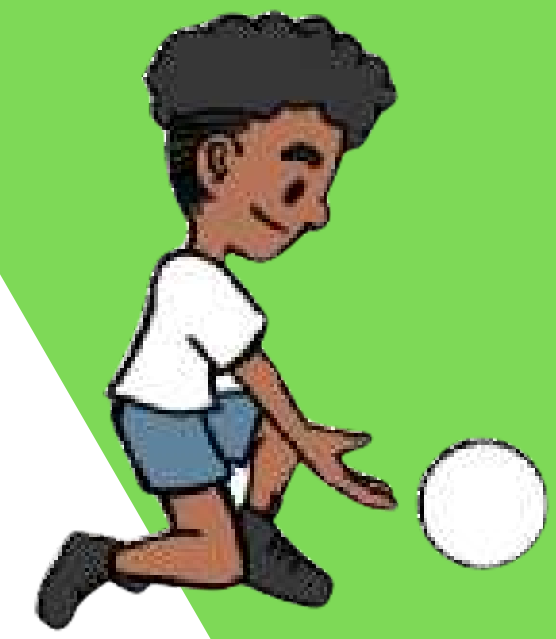


Year 6

rotation trajectory continuous pace
force compete momentum transfer of weight

Vocabulary Pyramid

Ball Skills



EYFS

run

stop

throw

roll

team

kick

space

catch

Year 1

far

aim

safely

direction

balance

send

Year 2

overarm

collect

target

underarm

dribble

distance

Year 3

track

receive

chest

shoulder

overhead

accurate

Year 4

release

select

control

consistently

technique

persevere

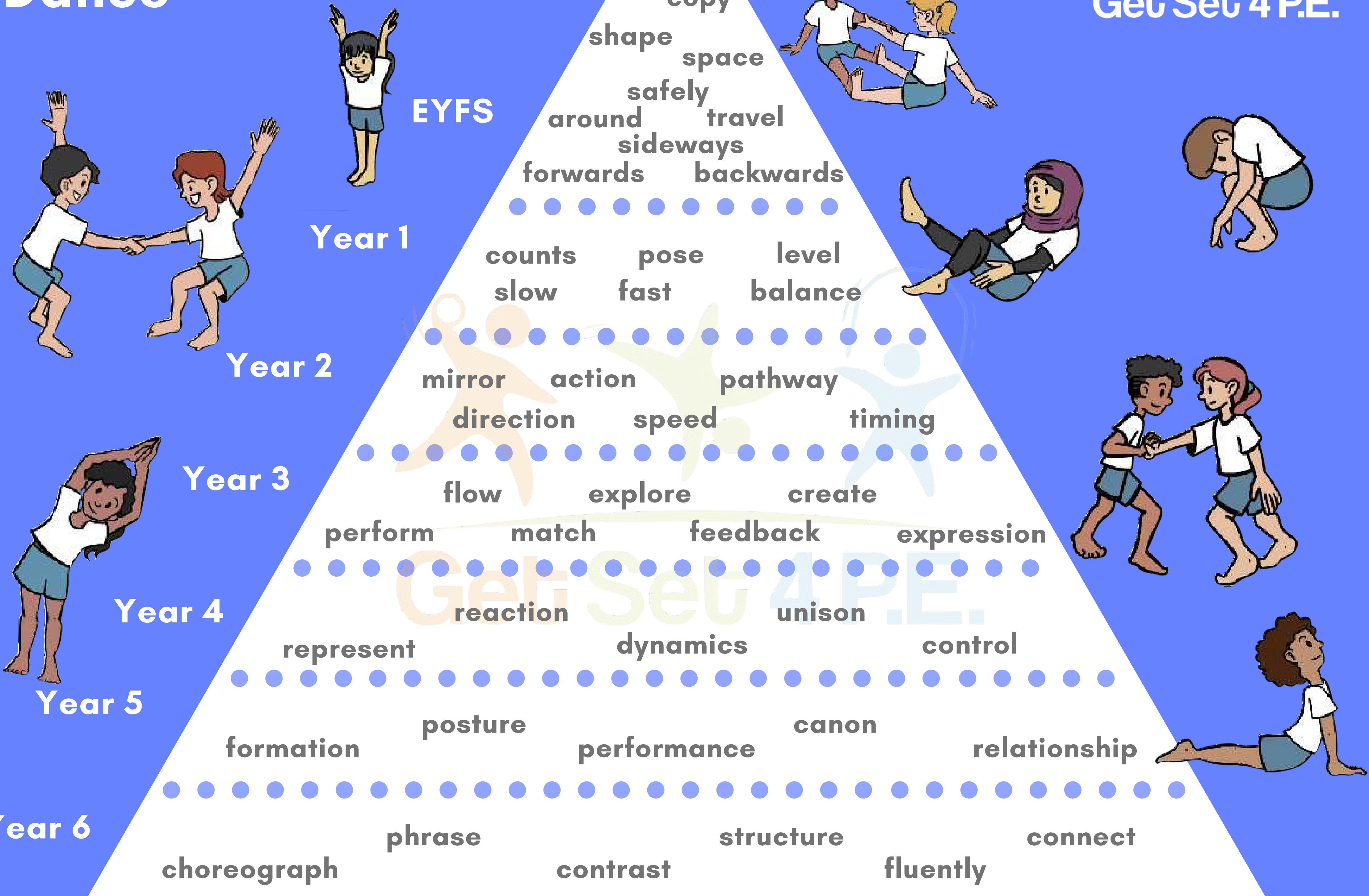
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Vocabulary Pyramid

Dance



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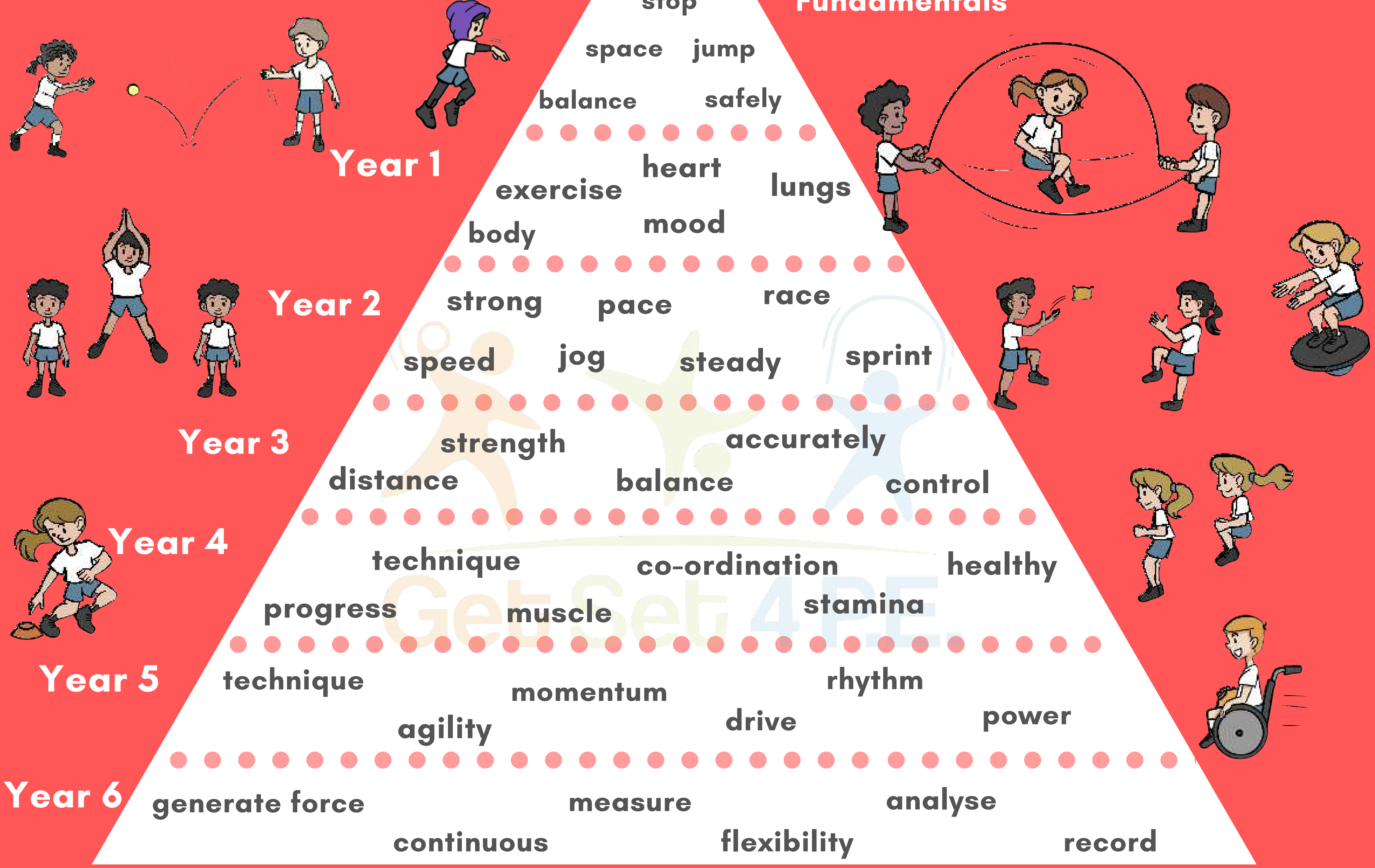


Vocabulary Pyramid

Fitness



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Vocabulary Pyramid

Fundamentals



Year 1

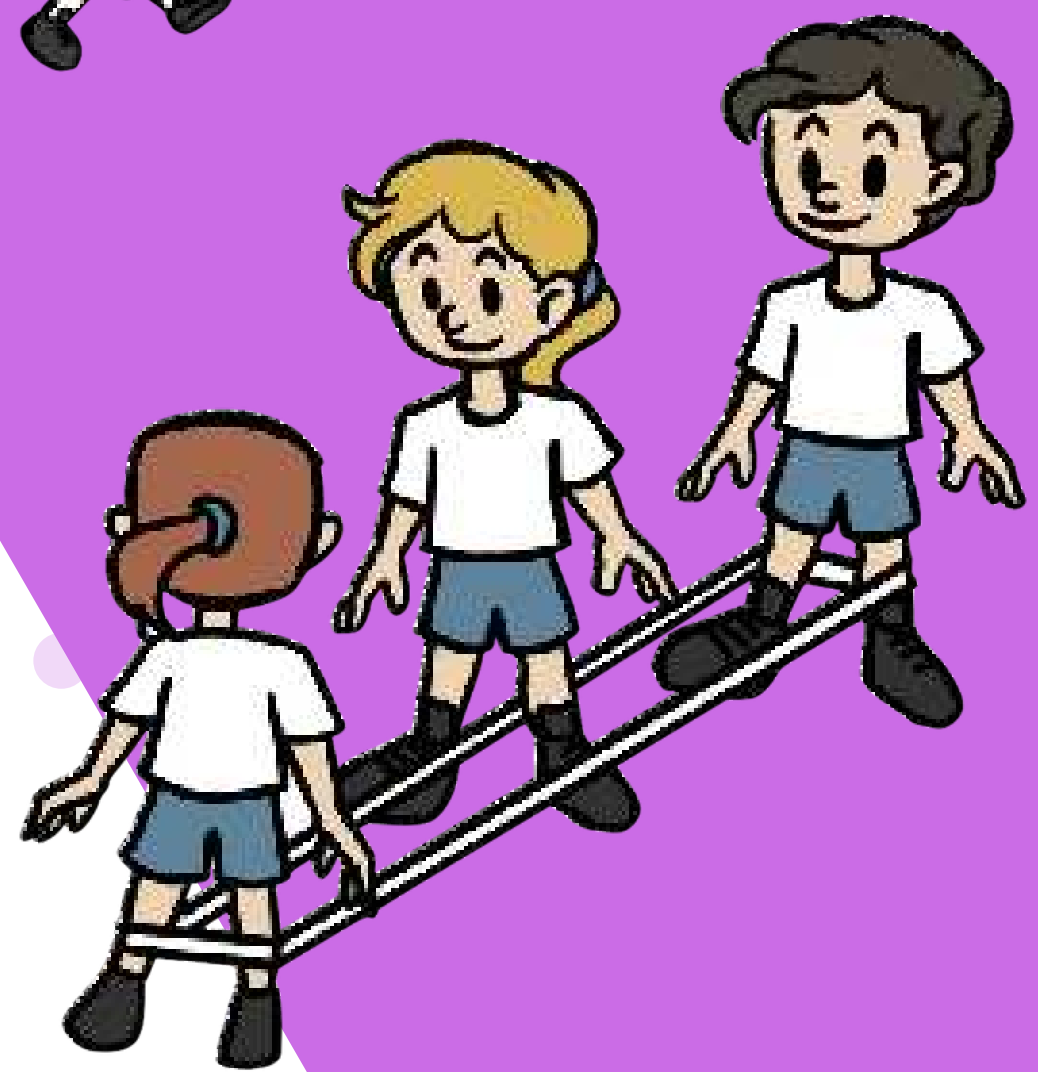
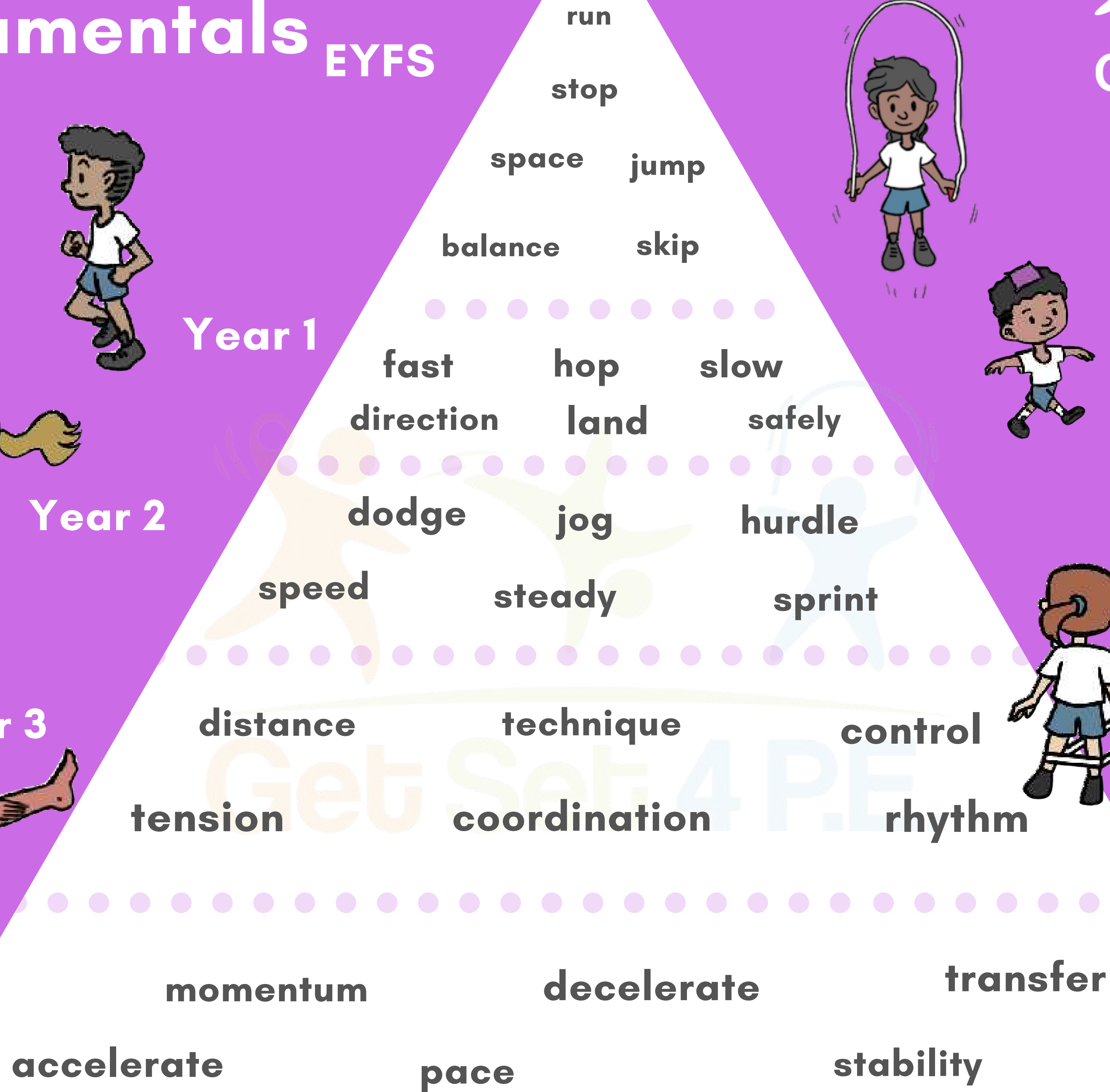


Year 2



Year 3

Year 4



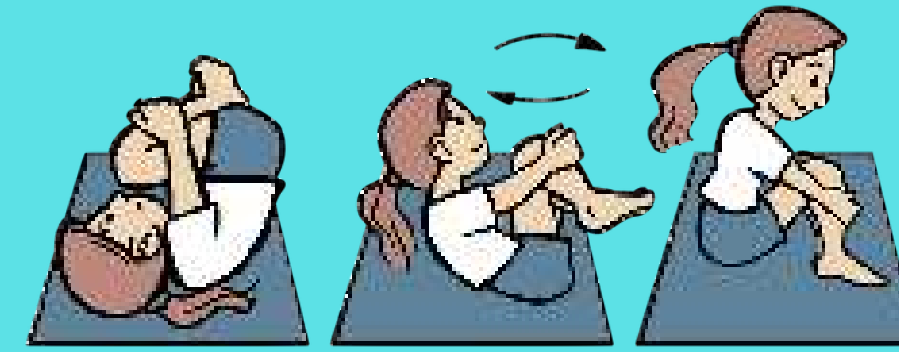
Vocabulary Pyramid

Gymnastics



Year 1

EYFS



Year 2

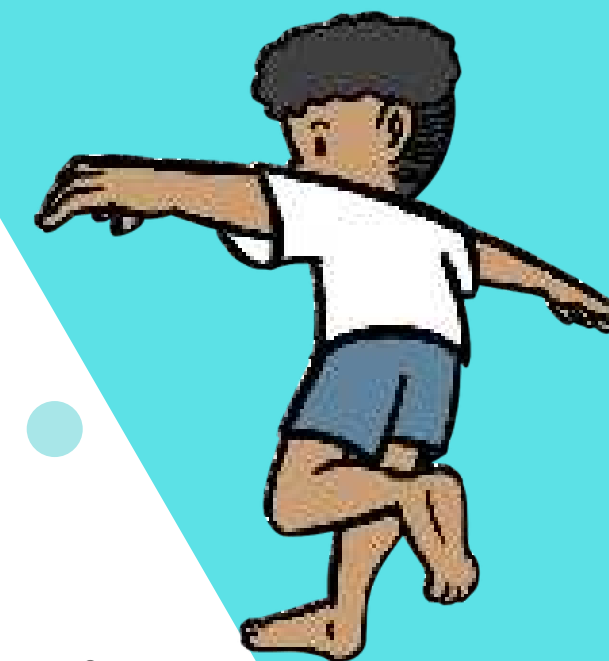
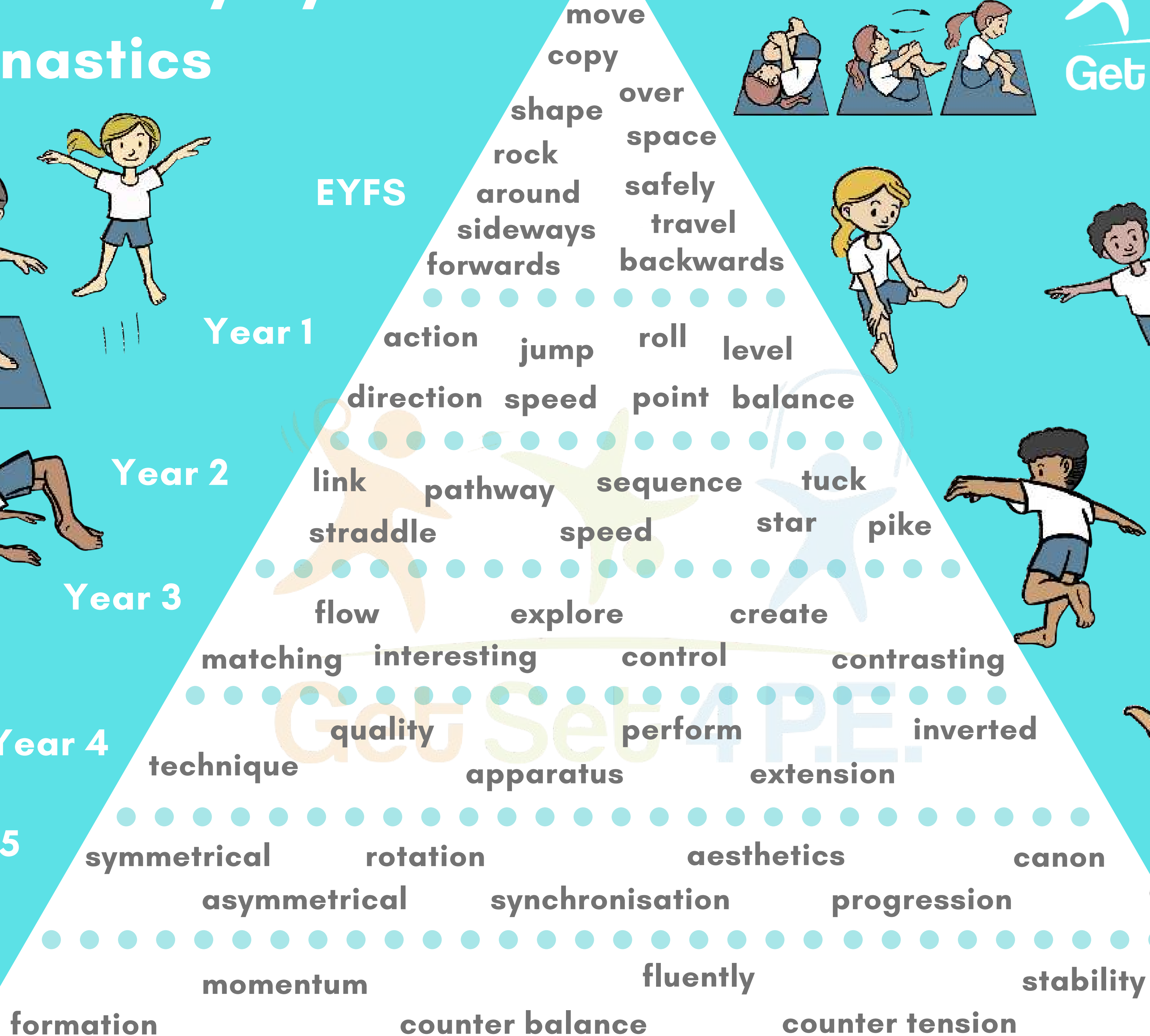


Year 3

Year 4

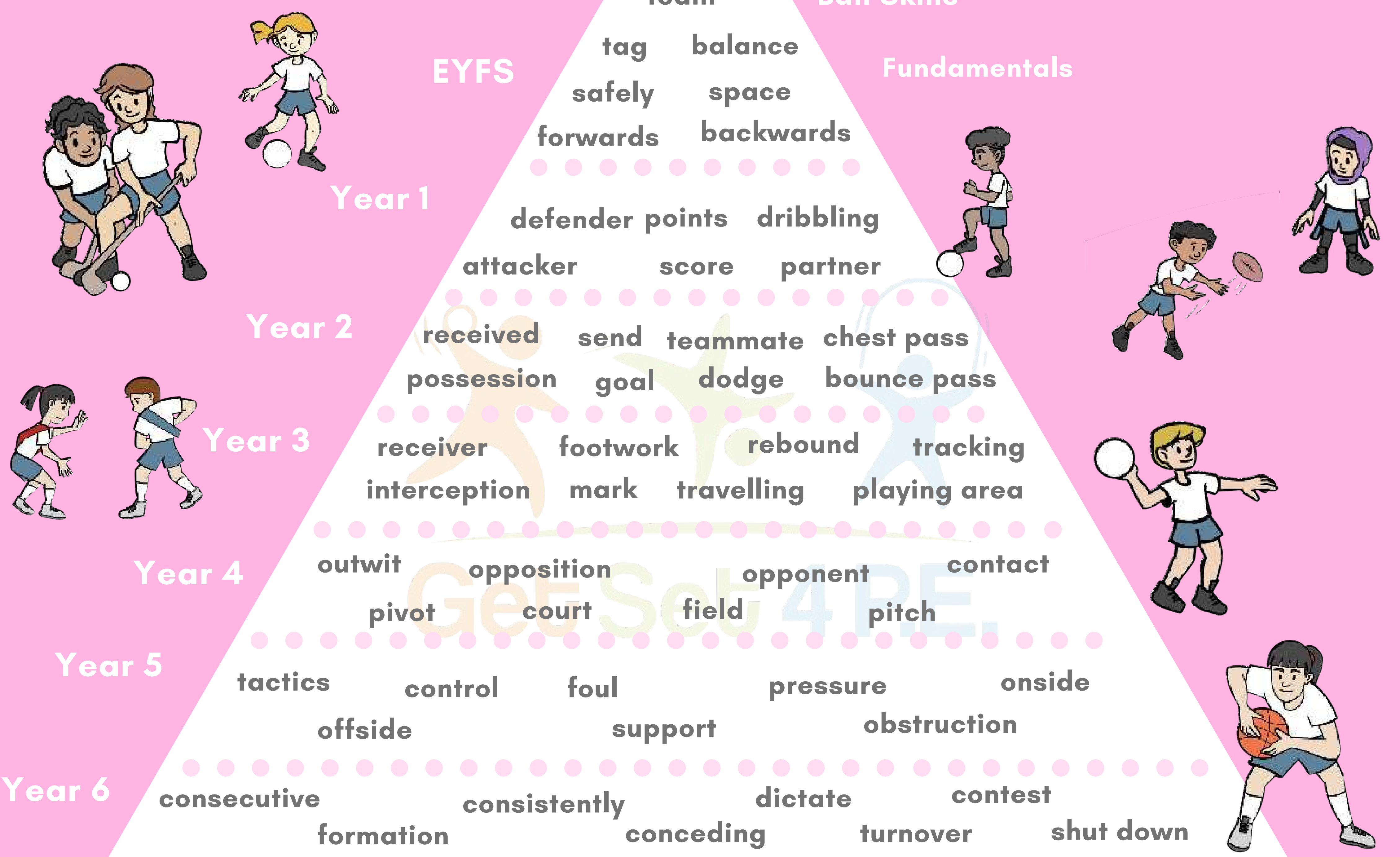
Year 5

Year 6



Vocabulary Pyramid

Invasion Games



Vocabulary Pyramid

Net and Wall Games



Get Set 4 P.E.

Games

Ball Skills

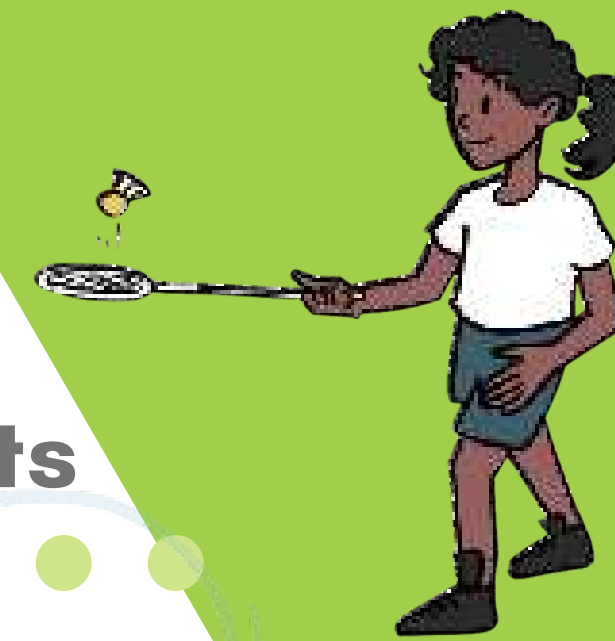
Fundamentals



Year 1

EYFS

team
space
catch throw
safely bounce
forward backward



Year 2

ready position partner
net underarm score points

receive quickly trap

defend return collect against

serve accurately track
racket control rally opponent



Year 3

receiver backhand
outwit court forehand

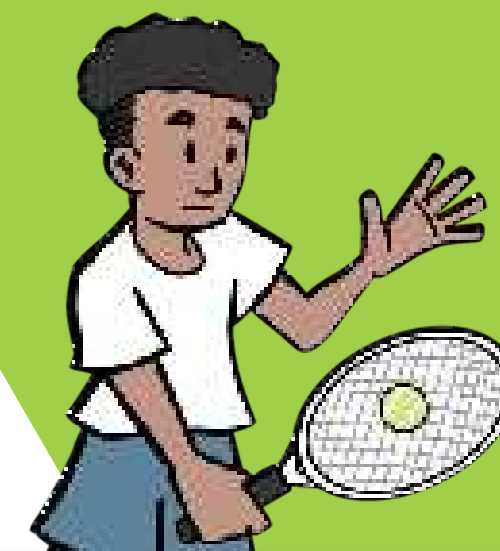


Year 4

volley footwork set
tactics co-operatively continuously dig

Year 6

deep forecourt defensive
consecutive consistently backcourt attacking



Vocabulary Pyramid

OAA



Get Set 4 P.E.

Introduction to PE

Games



Year 1

EYFS

share

team path

listen space

travel follow safely

lead co-operate

teamwork solve instructions

support successful

map direction communicate

rules route trust

navigate grid discuss plan

leader effectively symbol

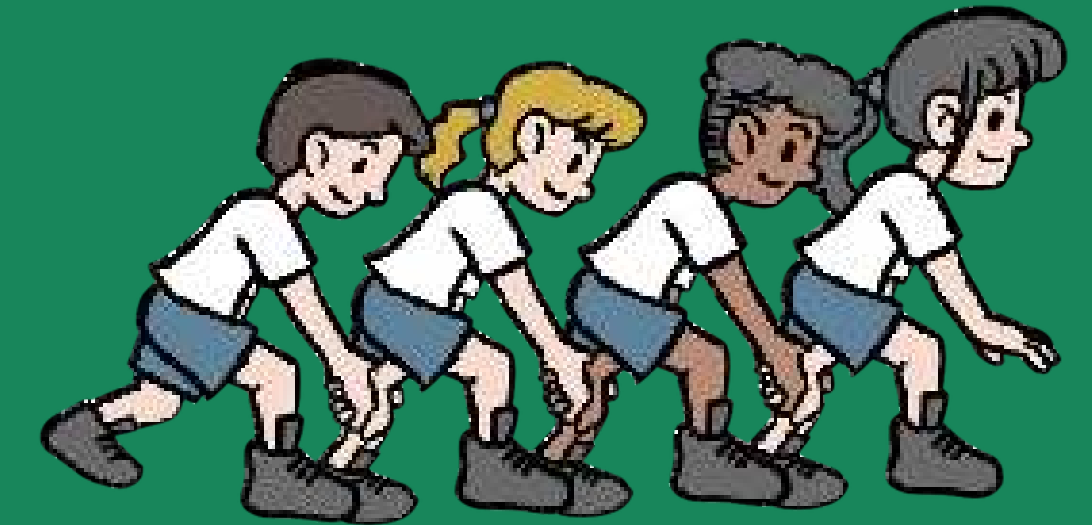
inclusive orientate

collaborate collective navigation

tactical control card orienteering

location symbol strategy

boundaries critical thinking co-operatively



Year 2

Year 3

Year 4

Year 5

Year 6

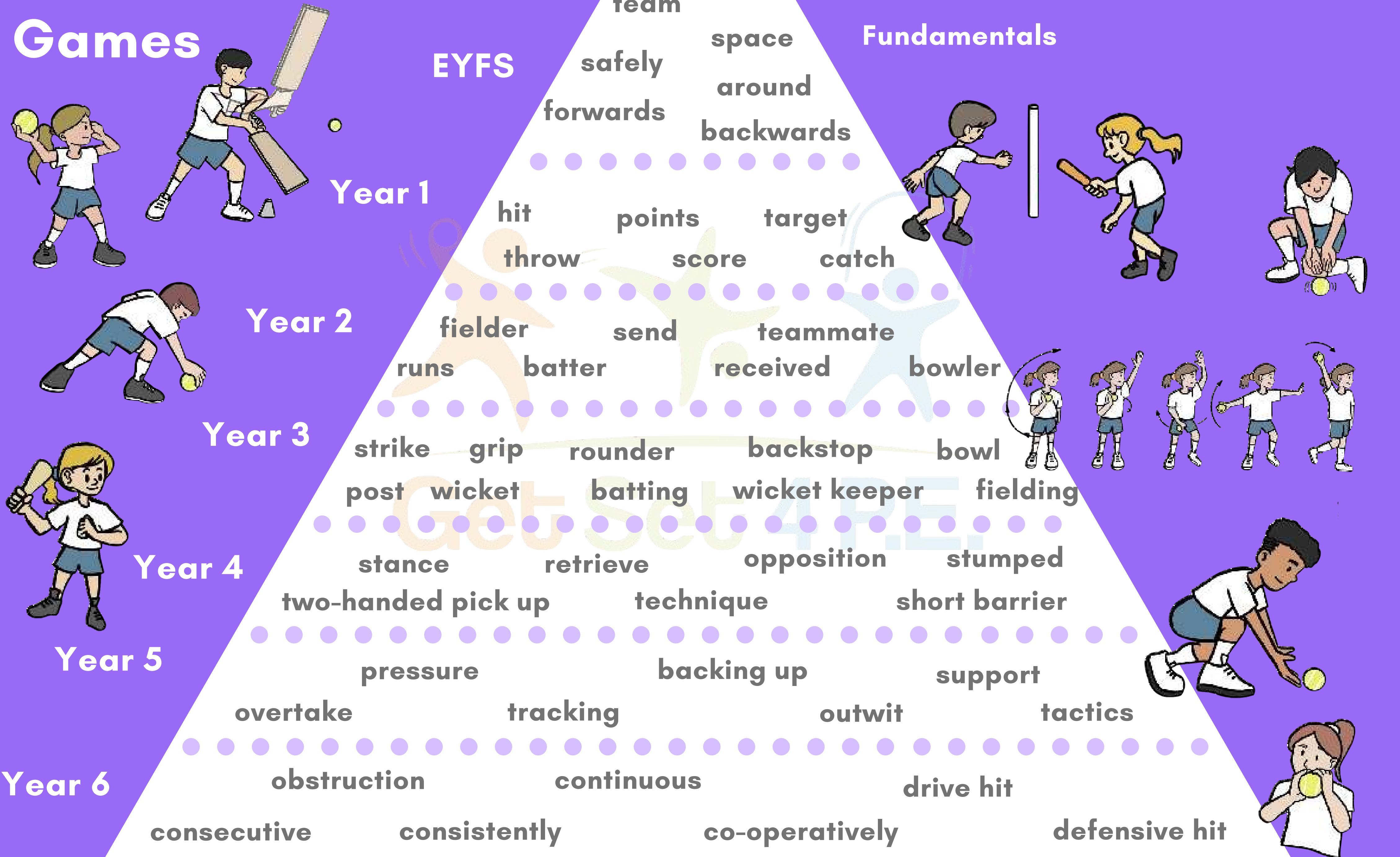
Vocabulary Pyramid

Striking and Fielding

Games



Get Set 4 P.E.



Year 1

EYFS



Year 2

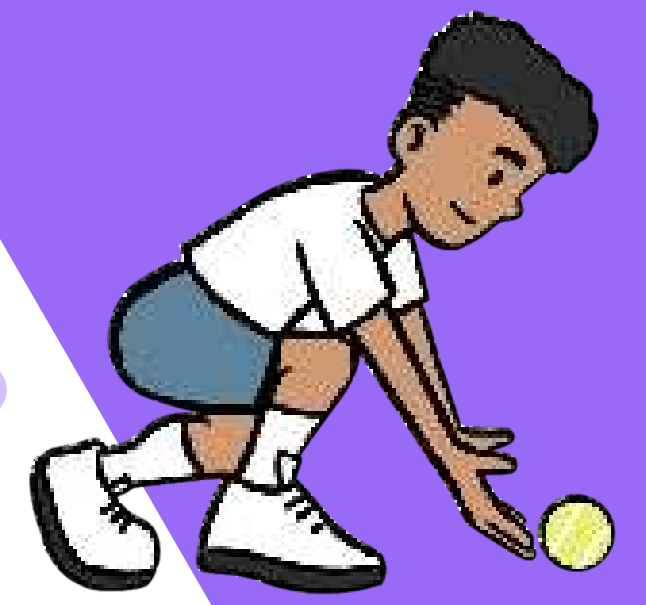


Year 3

Year 4

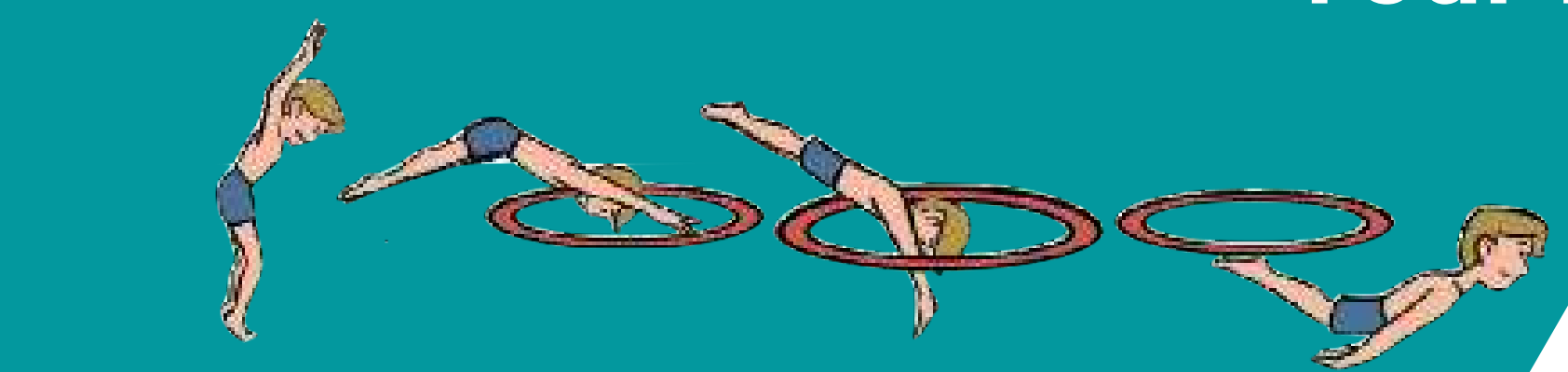
Year 5

Year 6



Vocabulary Pyramid

Swimming



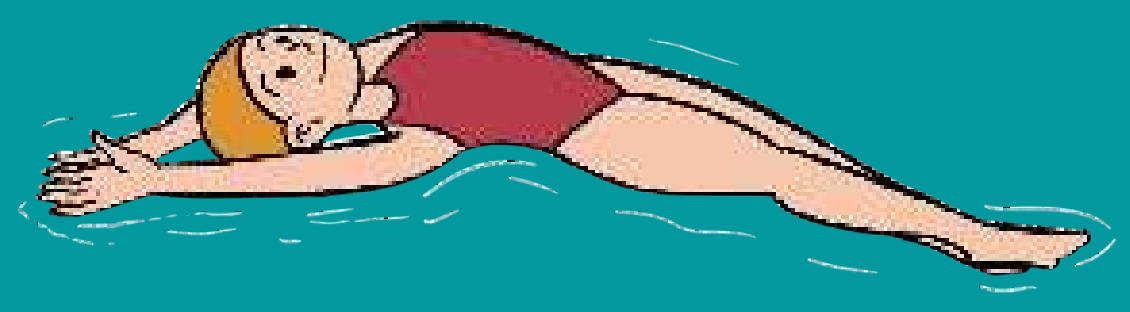
Year 1

exit

enter front



travel rules

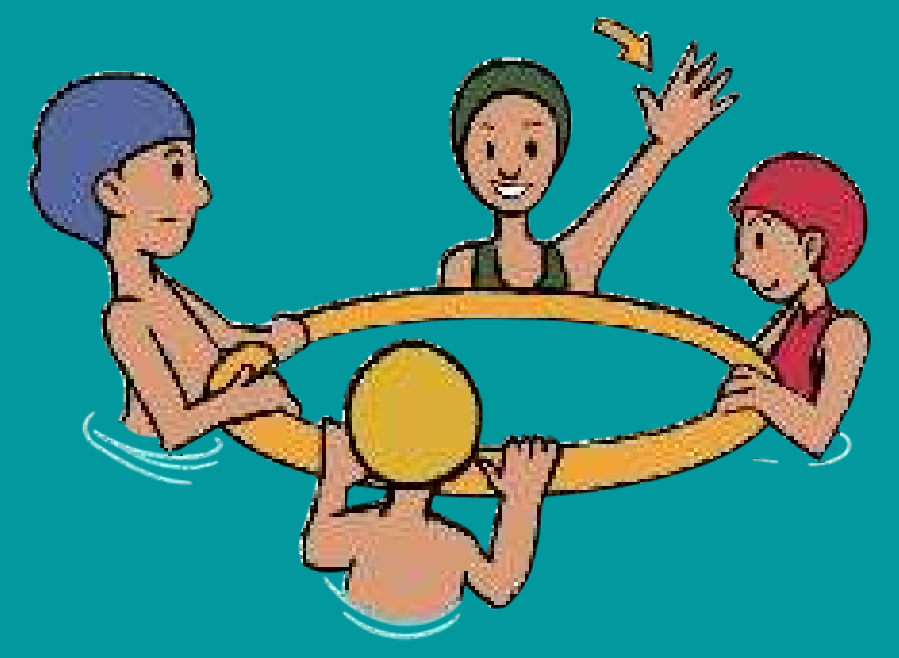


safely kicking back

Year 2

pulling splash unaided

gliding floating breathing



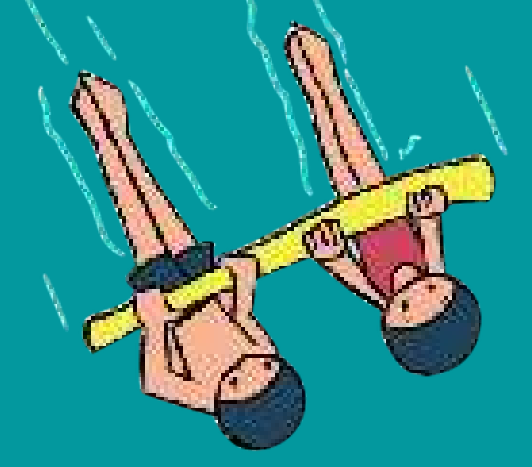
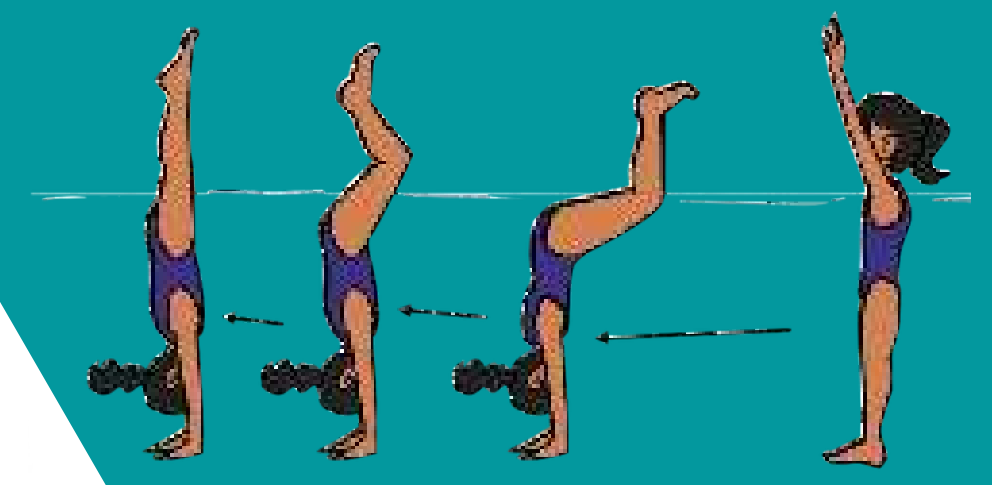
sculling crawl breaststroke

submersion rotation backstroke

Year 3

stroke huddle alternate

survival treading water buoyancy



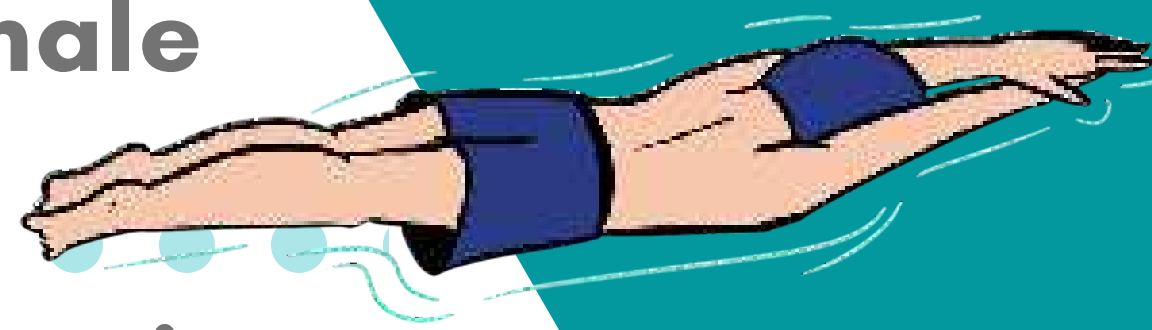
Year 4

exhale flutter kick surface

somersault personal best inhale

Year 5

endurance propel continuous



Year 6

streamline synchronised retrieve

Vocabulary Pyramid

Target Games



Get Set 4 P.E.



Games

Ball Skills

EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

aim

space

team

pass

safely

balance

points

throw

far

distance

score

partner

accurate

send

teammate

against

overarm

release

target

underarm

rules

dodge

drive

receiver

putt

court/course

block

chipping

opponent

swing

communicate

protect

align

tactics

officiate

fair play

par

hole

pressure

power

support

cooperatively

tournament

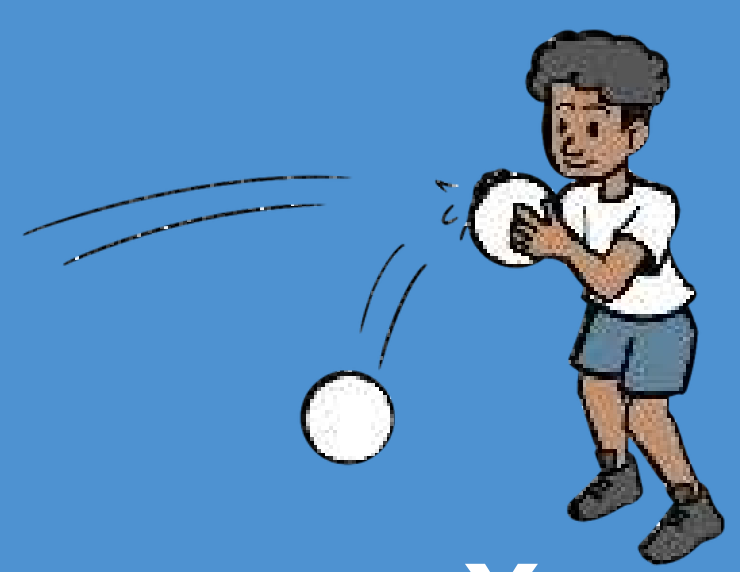
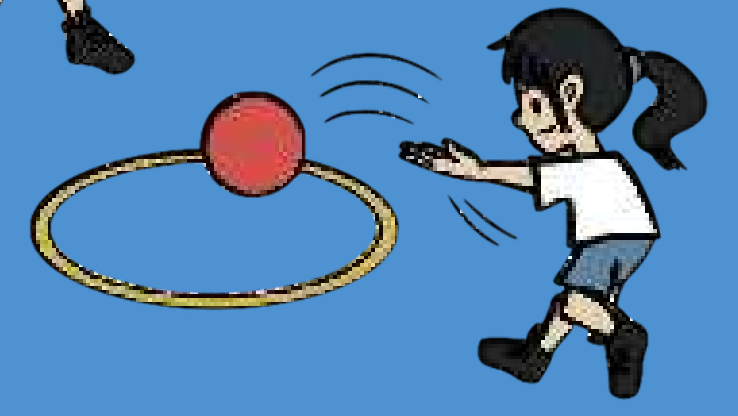
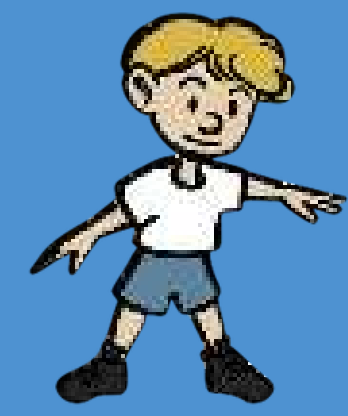
hazard

consistently

sportsmanship

outwit

bunker



Vocabulary Pyramid

Yoga



Get Set 4 P.E.

Gymnastics

Fundamentals

